



National Mental Health Consumer Alliance Human Rights Survey 2025

Partner Promotional Pack

About the Survey

The National Mental Health Consumer Alliance has launched Australia’s only national Human Rights Survey designed *by and for* people with lived experience of mental health challenges.

We’re gathering lived evidence to hold systems accountable — tracking how well Australia upholds its human rights obligations under the UN Convention on the Rights of Persons with Disabilities (UNCRPD).

Survey open: 3 November – 31 December 2025

Completely anonymous – analysed by the lived experience research group, ACACIA.

Survey link: <https://www.surveymonkey.com/r/AllianceHR2025>

We need your help to share it far and wide.

Together, we can ensure every voice is heard — across communities, workplaces, and networks.

Why It Matters

| Theme | Key Message |
|--------------------------------|---|
| Human rights matter | Every person deserves to have their rights upheld in mental health, justice, housing, and health systems. |
| Consumer-led evidence | This is the only national survey led by and for people with lived experience of mental health challenges. |
| Systemic accountability | Your community’s responses will help track whether Australia is meeting its UNCRPD obligations. |
| Real change | Results will inform national advocacy and reform — turning stories into evidence for action. |
| Safe and confidential | All responses are anonymous and analysed by lived experience researchers at ACACIA. |



How Partners Can Help

Share on social media

Use the ready-to-post tiles and captions provided below.

Suggested caption:

Have your human rights been respected, protected, and promoted in 2025?
Take @NMHCAlliance's national Human Rights Survey designed by and for people with lived experience.

#HumanRights #LivedExperience #ReimaginingMentalHealth

Display the poster

Print or upload the A3 poster in your office, community hub, or newsletter.
QR code links directly to the survey.

Invite via email

Encourage colleagues, members, and partners to take part before **31 December 2025**.

Subject line:

Have your Human Rights been upheld in 2025?

Body:

The National Mental Health Consumer Alliance has launched Australia's only national **Human Rights Survey** designed *by and for* people with lived experience of mental health challenges.

They want to hear how your human rights were upheld—or breached—in 2025. Whether in mental health, justice, health, or other systems, your story helps us track where Australia is meeting its international obligations under the **UN Convention on the Rights of Persons with Disabilities (UNCRPD)**.

Your responses are completely anonymous and will be analysed by the lived-experience research group ACACIA. The results will shape national advocacy to make sure human rights are real for all mental health consumers.

Take the survey now — closes 31 December 2025.

Link: <https://www.surveymonkey.com/r/AllianceHR2025>



Included Assets

- [POSTER](#)
- [SOCIAL MEDIA ASSETS](#)

For questions about the survey, please contact us at policy@nmhca.org.au.